

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

The Regency Memory Care Club – Toms River



Kick off the New Year with your Regency Family! Join us for a day filled with fun activities and celebrations! Live Music By Joe Paris New Year's Day

9:30 Daily Chronicle
10:30 Jeopardy
11:00 Kickball
11:30 Midweek Workout
Comfort Foods at Donovan's
3:00 Unlocking Memories
4:00 Making New Words
4:30 Remember When...
5:30 Collaborative Crosswords

Warm Winter Friday 3
Chilly Friends Cotillion
Penguin Sledding
Thin Ice Games
Virtual Zoo Visits
Who Would Win?

Cotillion Dancing with Billy Brown

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Health Kick Sunday 5
Let's Start 2025 Healthy
Gold Zumba
Fun Healthy Snacks
You are what you Eat!
Let us Take Care of You!

9:30 Winter Watercolor
10:00 Axe Throw
10:30 Basketball Competition
11:00 Movin and Grooving
Warm up at IHOP with Breakfast for Lunch!
3:00 Mystery Box
3:30 Frisbee Throw
4:00 Doris Day Music
5:30 Cookie Words

9:30 Brain Busters
10:00 Kickball
10:30 Cornhole
11:00 Sweating to the Oldies
Fiesta Luncheon at Margarita's
3:00 Tech Savy Seniors
4:00 Waterfall Ball
4:30 Did You Know?
5:30 Snowball Toss

Let's Celebrate! 8

Get Your Groove on With Cathy D. !

9:30 Yoga and Balance
10:00 Craft World
10:30 Ladder Ball
11:00 Fit and Fab Workout
Italian Lunch at Johnny G's
3:30 Tongue Twister
4:00 Remember When.....
4:30 Singing the Blues
5:30 What's in the News

Warm Winter Friday 10
Après-Ski Soiree
Join us for an Après-Ski-themed party 'Satiating Sips' by the Fireplace
Travel to Famous skiing destinations
DIY S'mores station
Ski Resort Dance Party with Mike Malone

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Baby It's Cold Outside! 12
Wear a Crazy Hat & Socks
Farmer's Almanac Stats
Hat Design Class
Crazy Hats in History
Fortune Buffet Lunch

9:30 Mini Golf Adventures
10:00 Brain Busters
10:30 Regency Singers
11:00 Get Movin' Fitness
Island Lunch at Bahama Breeze
3:30 Geography IQ
4:00 Winter Spelling Bee
4:30 Cornhole Competition
5:30 Famous Faces

9:30 Fun with Color
10:00 Baking Club
11:30 Ladies/Mens Clubs
12:00 Tap to Tunes Exercise
Four Seasons Diner
3:30 Twenty Questions
4:00 Target Competition
4:30 Flickin' Chickens
5:30 Best Slangs Ever

15 Sip and Paint Tribute to Jackson Pollock Music w/ Joe Grillo!

Pins & Pies 16
Bowling at Playdrome

Warm Winter Friday 17
Snowman Bazaar
DIY Snowman Globes
Snowman Brain Busters
Make Your Own Ice Cream
Music and Dancing with Joe Scarangelo

The World Day of the Snowman is celebrated on January 18. **18**

National Popcorn Day! 19

Guess The Amount!
Learn the history of the beloved Snack
Popcorn Facts
Activity Professionals Week

I Have a Dream! 20
Celebrate the Life and Legacy of Civil Rights Leader, **Martin Luther King, Jr.**
Lunch at Riv's Hub

Martin Luther King Jr. Day

9:30 Colorful Expressions
10:00 The Letter "J"
10:30 Snowball Fight
11:00 Balancing it Out
Lunch Out to Red Lobster
3:30 Sit Sing and Dance
4:00 Winter Trivia Time
4:30 Celebrity Gossip
5:30 Afternoon Stretch

Celebrating Betty 22
White Day!
Fun Facts, Trivia, & Accomplishments
Name that TV Show
The Golden Girls
The Mary Tyler Moore Show
Croon the Afternoon Away
Lisa Van

9:30 Daily News
10:00 Fit & Fab Workout
11:00 Snowflake Craft Corner
11:30 Trivia Talk
Lunch Outing to T.G.I. Fridays
3:00 Shark Cards
3:30 Pictionary
4:30 Did You Know?
5:30 Reminisce: Winter Days

Warm Winter Friday 24
White Out → Wear white
Making White Party Hats
Taste Testing: White Mocktails & White Cheeses
White Art Class w/a Splash of Color
White Chocolate Social
Live Performance by Todd Salvo

25

Join us, lets Break Up with The Winter Blues 26
✓ Manicure
✓ Hand Massages
✓ Blissful Stretching
✓ Afternoon Tea Party

9:30 Color Therapy
10:00 Family Feud
10:30 Corn hole Competition
11:00 Cardio Drumming

3:00 Memory Madness
3:30 Regency Spelling Bee
4:00 Funny Lyrics
5:30 Tell Me a Joke

9:30 Daily Chronicle
10:00 Cranium Crunches
10:30 Bubble Wrap Competition
11:00 Boogie and Balance
Mangia! Lisa's Cucina
3:00 Coffee and Conversation
3:30 Drama Club
4:00 Grease Sing Along
4:30 Celebrity Gossip
5:30 You be The Judge

Welcome The Year of The Snake 29
Tai Chi Exercise
Chinese Food Lunch
Chinese Zodiac Signs
Ancient Spiritual Traditions
DIY Mason Jar Lanterns
SINGING & DANCING WITH LOU BERNARDI
Chinese New Year (Year of the Snake)

Boardwalk Stroll & Pizza at The Sawmill 30

Warm Winter Friday 31
National Backward Day
A day to flip-flop everything and do it backward, for a fun and cognitively challenging celebration. Don't Miss This!
Showtime Music & Dancing with Ellen Fazio

HAPPY BIRTHDAY!
1/07 – Betty W.C. 1/22- Donald N.
1/07- Judy G. 1/23- John C.
1/09- Steven C. 1/24- Charlie J.
1/11- Roger L. 1/26- Dennis F.
1/12 – Dolly G.
1/13- Dorothy S.
1/15- Barbara M.
1/18 – Deborah R.
1/19 – Milena D.
1/22- Anne G.