

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2025

The Regency Memory Care Club – River Edge



|  |  |   |   |   |   |   |
|--|--|---|---|---|---|---|
| <p><b>Groundhog Day 2</b><br/> <b>"Hogtivities"</b><br/> <b>Spring or Snow?</b><br/> <b>Groundhog Day Puzzles</b><br/> <b>1927 song "Me and My Shadow"</b><br/> <b>Weather Forecasting</b><br/> <b>Brain Games</b><br/> <b>Music</b></p>  | <p>9:30 Stay in the Lines<br/> 10:30 Brainiacs<br/> 11:00 Sing It Loud &amp; Proud<br/> 11:30 Boogie Woogie Workout</p> <p><b>Applebee's Lunch</b></p> <p>3:30 Monday Madness<br/> 4:00 Reminiscence<br/> 4:30 Science Club<br/> 5:30 Pictionary</p>  | <p><b>HAPPY BIRTHDAY USO! 4</b><br/> United Service Organization<br/> Brief History of WWII<br/> Reminiscence: Bob Hope USO Shows</p> <p><b>Lunch at Houlihan's</b></p>    | <p><b>It's Your Birthday! 5</b><br/> <b>Let's Celebrate</b><br/> <b>February Birthdays</b><br/> <b>with Nestor Martinez!</b></p>   | <p><b>Abracadabra 6</b><br/> <b>Alakazoo!</b><br/> <b>It's no illusion that what you see is true!</b><br/> <b>Join us for the</b><br/> <b>Harry Hocus</b><br/> <b>Magic Show!</b></p>  | <p>♡♡ Feel Good Friday 7</p> <p><b>Wild West Shindig</b><br/> <b>Celebrating Blazing Saddles</b><br/> <b>50th Anniversary</b><br/> <b>Cowboy Grub Themed Grub</b><br/> <b>Country Line Dancing Fun</b><br/> <b>Movie Trivia</b><br/> <b>Music by John M</b></p> | <p>1</p>  |
| <p><b>SUPERBOWL SUNDAY 9</b><br/> <b>Pre-Game Party</b></p>  <p>Fan Favorite Lunch<br/> Best of Super Bowl Commercials<br/> Pre-Game Happy Hour &amp;<br/> Fan Favorite Snacks<br/> Raffles – Giveaways – Games</p>                      | <p>9:30 Ball Games<br/> 10:30 Corn Hole Challenge<br/> 11:00 Can Jamz<br/> 11:30 Flexercise</p> <p><b>Fiesta Lunch at Rumba Cubana</b></p> <p>3:30 Reminiscing 1930<br/> 4:00 The Sounds of Regency<br/> 4:30 Pet Peeves<br/> 5:30 Guess Who?</p>  | <p><b>Give Your Heart Away 11</b><br/> <b>with us!</b><br/> <b>Join us at Fresh and Fancy Farms for a</b><br/> <b>Heart Baking Afternoon!</b></p>    | <p><b>Mind Games Month 12</b><br/> <b>Cranium Crunches</b><br/> <b>Riddle Me This?</b><br/> <b>What in the Wordle?</b><br/> <b>Do You Puzzle?</b><br/> <b>Music Show</b><br/> <b>By Frankie M.</b><br/> <small>'Shevat Begins</small></p>    | <p>9:30 Pictionary<br/> 10:00 Would You? Could You?<br/> 10:30 Horseshoes<br/> 11:30 Warm Up Workout</p> <p><b>Breakfast for Lunch at IHOP</b></p> <p>3:30 BINGO<br/> 4:00 Bullseye<br/> 4:30 Baseball Bunting<br/> 5:30 Country Favorite's</p>                           | <p>♡ HAPPY Valentine's Day</p> <p>Delicious Red &amp; Pink Breakfast<br/> "Lovely" Luncheon<br/> Sweetheart Trivia,<br/> Famous Couples<br/> Mike Malone Performs Live<br/> <small>Valentine's Day</small></p>  | <p>14</p> <p>15</p>   |
| <p><b>Healthy Hearts Day 16</b><br/> The stethoscope was invented on this day!<br/> Blood Pumping Fitness Class<br/> Heart-Healthy Happy Hour<br/> Heart to Heart Trivia<br/> <b>HEART PUMPING MUSIC FAVORITES</b></p>   | <p><b>PRESIDENTS' DAY</b></p> <p>Patriotic Music Sing-along<br/> Presidents Trivia<br/> First Ladies Who Am I?<br/> Hangman Brain Buster<br/> Presidential Parfaits<br/> Presidential Elections<br/> <b>Red Robin Lunch!</b><br/> <small>Presidents' Day (U.S.)</small></p>  | <p>9:30 Colorful Expressions<br/> 10:00 JENGA<br/> 10:30 Sit &amp; Get Fit<br/> 11:30 Jeopardy</p> <p><b>Taco Tuesday at Viva Margarita's</b></p> <p>3:30 Kickball<br/> 4:00 Famous Faces<br/> 4:30 Mind Mavens<br/> 5:30 Evening Stretches</p>            | <p>9:30 Today's News &amp; Views<br/> 10:00 Time in a Bottle<br/> 10:30 Mad Libs Humor<br/> 11:00 Move it or Lose it</p> <p><b>Music &amp; Motion Entertains</b></p> <p>3:00 Coffee &amp; Donut Social<br/> 4:00 Timely Tunes<br/> 4:30 The Year that was 1950.<br/> 5:30 Stretch and Trivia</p>                                  | <p>Let's go Back in time to Hoboken!<br/> Birthplace of Frank Sinatra<br/> Trip to The Hoboken Historical Museum</p>   | <p>♡♡ Feel Good Friday 21</p> <p><b>Regency Pets Visit Today</b><br/> <b>Fuzzy animals fill the club with positive vibes</b><br/> <b>Yappy Hour &amp; Treats</b><br/> <b>Trivia Facts about Pets</b><br/> <b>Dance Party with Cecilia!</b></p>                  | <p>22</p>   |
| <p><b>Once Upon a Time 23</b><br/> <b>Fairy Tale Adventures</b><br/> <b>Discussion: Grimm Brothers</b><br/> <b>Reminiscence: Childhood Memories</b><br/> <b>Fairy Tale Favorites</b><br/> <b>Name that Tale</b></p>                     | <p>9:30 Word Puzzles<br/> 10:30 Would You Rather?<br/> 11:00 Flickin' Chickens<br/> 11:30 Senior Zumba</p> <p><b>Lunch with friends at Miller's Ale House</b></p> <p>3:30 Bullseye Blast<br/> 4:00 Memory Challenge<br/> 4:30 Regency Choir<br/> 5:30 Famous Faces</p>   | <p>9:30 What's in the News<br/> 10:00 Scavenger Hunt<br/> 10:30 Seniors Zumba<br/> 11:30 Name 5</p> <p><b>Mangia! Presto's Italian Restaurant</b></p> <p>3:30 Making New Words<br/> 4:00 Disc Throwdown<br/> 4:30 Pictionary<br/> 5:30 Evening Antics</p>  | <p><b>Happy Birthday 26</b><br/> <b>Levi Strauss</b><br/> <b>History of Levi Strass &amp; Co.</b><br/> <b>The Year Was 1850</b><br/> <b>Vintage Jeans – Do You Recall?</b><br/> <b>Wear Your Jeans!</b><br/> <b>Nestor! Entertains!</b></p>  | <p><b>Celebrating Black History Month 27</b><br/> <b>with a trip to The African Art Museum</b></p>  <p><b>BLACK HISTORY MONTH</b></p>  | <p>♡♡ Feel Good Friday 28</p> <p>A TRIBUTE TO <b>The Great Gatsby</b><br/> 1920's Fashion Reminiscence<br/> 100 Years Ago!<br/> Inventions of the 20's<br/> Popping Prohibition Party<br/> With Ruthann</p>   | <p><b>Happy Birthday!</b><br/> George W. - 02/02<br/> Thomas D. - 02/06<br/> Carol S. - 02/08<br/> Abbey M. - 02/10<br/> Joyce M. - 02/10</p>  |

\*Activities and trips are subject to change without notice